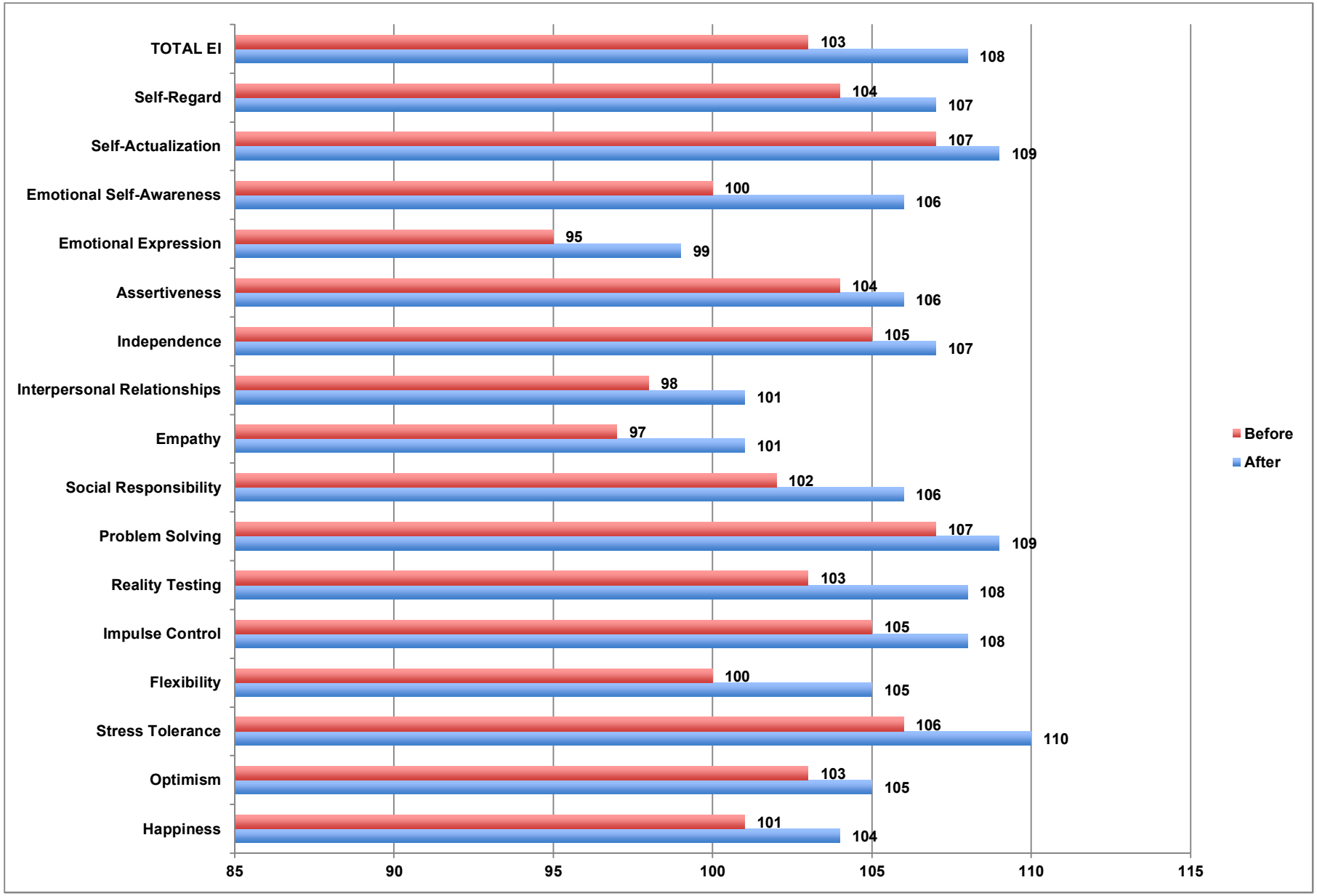
TOTAL EI
103
108
Self-Regard
104
107
Self-Actualization
107
109
Emotional Self-Awareness
100
106
Emotional Expression
95
99
Assertiveness
104
106
Independence
105
107
Interpersonal Relationships
98
101
Empathy
97
101
Social Responsibility
102
106
Problem Solving
107
109
Reality Testing
103
108
Impulse Control
105
108
Flexibility
100
105
Stress Tolerance
106
110
Optimism
103
105
Happiness
101
104
85
90
95
100
105
110
115
Before
After